



Practical Guide to housekeeping

Disinfecting
hard surfaces in **6** easy
steps



Follow the Leader!

To properly disinfect a hard surface,
follow these steps:

2 **Clean the surface:** Start by cleaning the surface to remove dirt, dust and debris. You can use a degreaser and a clean cloth for this initial step.

3 **Apply the disinfectant:** Once the surface is clean, generously apply the disinfectant directly to the surface or to a clean, lint-free cloth.

4 **Let it work:** Let the disinfectant act for the time recommended on the product label. Contact time may vary depending on the disinfectant used, but generally it is around 5-10 minutes.

5 **Wipe or Rinse:** After the recommended exposure time, rinse thoroughly with clean water.

1 **Prepare your supplies:** Make sure you have rubber gloves to protect your hands and appropriate sanitizer. Choose a household disinfectant approved by Health Canada. A DIN number must be found on the front of the product label.

6 **Throw away the gloves and wash your hands:** If you used rubber gloves, carefully remove them and throw them in a trash can. Then wash your hands thoroughly with soap and water for at least 20 seconds.

Some Additional tips:

- Be sure to ventilate the room well while you disinfect to avoid breathing potentially harmful vapors.
- Read the instructions on the disinfectant label carefully to ensure it is suitable for the surface you wish to disinfect. Some disinfectants may not be suitable for certain surfaces.
- Avoid mixing different types of disinfectants as this can produce dangerous gases.
- Follow the safety precautions recommended by the disinfectant manufacturer for safe and effective use.

Keep in mind that regularly disinfecting frequently touched surfaces in your environment can help reduce the spread of germs and infections.